

(TMI Journeys - June 2016)

## **HAPPINESS**

*by Nancy “Scooter” McMoneagle*

Hello Everyone,

*You make me feel happy.*

That statement may sound absurd to you. After all, it is likely we wouldn't know each other if we passed on the street. Nevertheless, the fact that you are reading this indicates that you have at least a peripheral interest in discovering and probing depths of consciousness of which you may be currently unaware. You are ready to explore—or you are at least considering it—and that makes me happy!

Happiness, that often ineffable, much sought after, and deeply cherished state of being can be elusive. Yet we persist in seeking it and revel in the peace and thrill of it. So essential is the human desire for happiness that America's founding fathers, when authoring the Declaration of Independence, felt it was imperative to state that citizens are “endowed by their Creator with certain unalienable Rights that among these are Life, Liberty and the pursuit of Happiness.”

I was incredibly fortunate to be introduced early in life to the magic of navigating the currents and streams of human consciousness. My stepfather Robert A. Monroe initiated me into those mysteries when I was fourteen years old. I shared an out-of-body adventure with him and my mother. He guided me through my first exceptional human experience. I learned that these esoteric practices can lead to an expanded life, a more fulfilling and happier life, here and now.

It became Bob's *raison d'être* to share his discoveries, his map, if you will, with people everywhere who are interested in uncovering for themselves the treasure that Bob encountered. To that end, he co-founded The Monroe Institute whose mission it is,

For a moment, relax and enjoy this 2-minute video, *In Joy Every Day*. A program participant explains more eloquently than I can, the impact of her connection with greater awareness.

From the technologies invented to the programs designed, each TMI offering is another opportunity for you to connect profoundly with that sense of deep fulfillment. To that end, we are about to launch a brand new series of five-day/six-night residential programs under the title Journeys. Each program, or Journey, will take you on a Voyage to a particular consciousness destination.

This new program incorporates what has been developed from the time of Robert Monroe's first OBE to the innovative, more free-flowing and open design of some of the new programs now offered at TMI. We have developed specific exercises for each day that are designed to help you change your perspective, allowing you to manifest more Happiness in your life at all levels - for love, health, prosperity and guidance.

It is with clear intent for your experience of profound delight that I dedicate this issue of *TMI Journeys to Happiness*!

With warmest regards,

A handwritten signature in black ink that reads "Nancy McMoneagle". The script is fluid and cursive, with the first name "Nancy" and last name "McMoneagle" clearly legible.

Nancy H. McMoneagle  
Executive Director and President

